

INSTRUCTIONS FOR THE **FollowMyHealth™** PATIENT PORTAL APP

Universal Health Record

If you have not logged in to your account before, you must first log on using the desktop version of the online portal. If you are using a device that you would use an app on, it will not allow you to access the desktop version, so this will need to be done on a PC or Mac computer. Once you have completed the Follow My Health registration process, you can access your account via the app that is now available for iPhone and Android devices! For help with your patient portal account, call the office at (972) 317-6000, ext. 0 and ask for a portal specialist. Below are the instructions for how to download the app on each device!

Go to the app store on your device and search for "Follow My Health". You do not have to pay for this app; access to your secure Universal Health Record through Follow My Health is free!

iPhone



Click 'get' to download. Once the download is complete, you should be able to log in using your designated method of choice. Happy app-ing!

Android



Click 'install' to download. Once the download is complete, you should be able to log in using your designated method of choice. Happy app-ing!



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